International Situations Project Translation

**Interdependent Happiness Scale**

**Scoring**: participants rate each of the 9 items on a Likert-type scale ranging from 1 (not at all applicable) to 7 (very much applicable).

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| English version | Translation (Latvian) |
| 1. I believe that I and those around me are happy
 | 1. Uzskatu, ka es un tie, kas ir ap mani, ir laimīgi.
 |
| 1. I feel that I am being positively evaluated by others around me
 | 1. Es jūtu, ka apkārtējie mani pozitīvi vērtē.
 |
| 1. I make significant others happy
 | 1. Es padaru sev svarīgos cilvēkus laimīgus.
 |
| 1. Although it is quite average, I live a stable life
 | 1. Es dzīvoju stabilu dzīvi, lai arī tā ir diezgan vidēja.
 |
| 1. I do not have any major concerns or anxieties
 | 1. Man nav nekādu lielu rūpju vai raižu.
 |
| 1. I can do what I want without causing problems for other people
 | 1. Es varu darīt ko vēlos, neradot problēmas citiem cilvēkiem.
 |
| 1. I believe that my life is just as happy as that of others around me
 | 1. Es uzskatu, ka mana dzīve ir tikpat laimīga kā tiem, kas man apkārt.
 |
| 1. I believe that I have achieved the same standard of living as those around me
 | 1. Es uzskatu, ka esmu sasniedzis/-gusi tādu pašu dzīves līmeni, kā man apkārtējie.
 |
| 1. I generally believe that things are going as well for me as they are for others around me
 | 1. Es kopumā uzskatu, ka man iet tikpat labi kā citiem man apkārt.
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Hitokoto, H., & Uchida, Y. (2015). Interdependent happiness: Theoretical importance and measurement validity. *Journal of Happiness Studies*, *16*, 211-239.

The International Situations Project is supported by the National Science Foundation under Grant No. BCS-1528131. Any opinions, findings, and conclusions or recommendations expressed in this material are those of the individual researchers and do not necessarily reflect the views of the National Science Foundation.

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