International Situations Project Translation

**Self-Construal**

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| **Original English** | **Translation (Italian)** |
| **How well does each statement describe you?** | **Quanto ciascuna affermazione ti descrive?** |
| **doesn’t describe me at all** | **Non mi descrive per nulla** |
| **describes me a little** | **Mi descrive un poco** |
| **describes me moderately** | **Mi descrive moderatamente** |
| **describes me very well** | **Mi descrive molto bene** |
| **describes me exactly** | **Mi descrive perfettamente** |
| **Self-expression versus harmony** | **Self-expression versus harmony** |
| 1. You prefer to express your thoughts and feelings openly, even if it may sometimes cause conflict.
 | 1. Preferisci esprimere i tuoi pensieri e i tuoi sentimenti apertamente, anche se questo può talvolta generare conflitti
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| 1. *You try to adapt to people around you, even if it means hiding your feelings.*
 | 1. Cerchi di adattarti alle persone che ti circondano, anche se questo significa nascondere i tuoi sentimenti
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| 1. *You prefer to preserve harmony in your relationships, even if this means not expressing your true feelings.*
 | 1. Preferisci preservare l'armonia nelle tue relazioni, anche se questo significa non esprimere i tuoi veri sentimenti
 |
| 1. *You think it is good to express openly when you disagree with others*
 | 1. Pensi che sia un bene dire apertamente quando sei in disaccordo con gli altri
 |
| **Self-interest versus commitment to others** | **Self-interest versus commitment to others** |
| 1. You protect your own interests, even if it might sometimes disrupt your family relationships.
 | 1. Proteggi i tuoi interessi, anche se questo potrebbe talvolta ledere le tue relazioni familiari
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| 1. *You usually give priority to others, before yourself.*
 | 1. Di solito dai la priorità agli altri, piuttosto che a te stesso
 |
| 1. *You look after the people close to you, even if it means putting your personal needs to one side.*
 | 1. Ti prendi cura delle persone a te vicine, anche a costo di mettere da parte i tuoi bisogni personali
 |
| 1. *You value personal achievements more than good relations with the people close to you.*
 | 1. Dai più valore ai successi personali che alle buone relazioni con le persone che ti sono vicine
 |
| 1. *You would sacrifice your personal interests for the benefit of your family.*
 | 1. Sacrificheresti i tuoi interessi personali per il bene della tua famiglia
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| **Consistency versus variability**  | **Consistency versus variability**  |
| 1. *You behave differently when you are with different people.*
 | 1. Ti comporti in modo diverso quando sei con persone diverse
 |
| 1. *You see yourself differently when you are with different people.*
 | 1. Ti vedi in modo diverso quando sei con persone diverse
 |
| 1. *You see yourself the same way even in different social environments.*
 | 1. Ti vedi allo stesso modo, anche in ambienti sociali diversi
 |
| 1. *You behave in the same way even when you are with different people.*
 | 1. Ti comporti allo stesso modo, anche quando sei con persone diverse
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Reference for Self Construal:

Vignoles, V. L., Owe, E., Becker, M., Smith, P. B., Easterbrook, M. J., Brown, R., ... & Lay, S. (2016). Beyond the ‘east–west’dichotomy: Global variation in cultural models of selfhood*. Journal of Experimental Psychology: General, 145*, 966.

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