International Situations Project Translation

**Self-Construal**

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| **Original English** | **Translation (Lithuanian)** |
| **How well does each statement describe you?** | **Kaip gerai kiekvienas teiginys Jums tinka?** |
| **doesn’t describe me at all** | **Visiškai netinka** |
| **describes me a little** | **Šiek tiek tinka** |
| **describes me moderately** | **Vidutiniškai tinka** |
| **describes me very well** | **Labai gerai tinka** |
| **describes me exactly** | **Visiškai tinka** |
| **Self-expression versus harmony** | **Self-expression versus harmony** |
| 1. You prefer to express your thoughts and feelings openly, even if it may sometimes cause conflict.
 | 1. Renkatės išreikšti savo mintis ir jausmus atvirai, net jeigu kartais tai gali sukelti konfliktą.
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| 1. *You try to adapt to people around you, even if it means hiding your feelings.*
 | 1. Stengiatės prisiderinti prie Jus supančių žmonių, net jeigu tam reikia nuslėpti savo jausmus.
 |
| 1. *You prefer to preserve harmony in your relationships, even if this means not expressing your true feelings.*
 | 1. Renkatės išlaikyti harmoniją Jūsų santykiuose, net jeigu dėl to tenka neišreikšti savo tikrųjų jausmų.
 |
| 1. *You think it is good to express openly when you disagree with others*
 | 1. Manote, kad tais atvejais, kai nesutinkate su kitais, verta savo nuomonę išreikšti atvirai.
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| **Self-interest versus commitment to others** | **Self-interest versus commitment to others** |
| 1. You protect your own interests, even if it might sometimes disrupt your family relationships.
 | 1. Jums yra svarbu apsaugoti savo interesus, net jeigu kartais dėl to tenka sugadinti šeimyninius santykius.
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| 1. *You usually give priority to others, before yourself.*
 | 1. Dažniausiai pirmenybę suteikiate kitiems, ne sau.
 |
| 1. *You look after the people close to you, even if it means putting your personal needs to one side.*
 | 1. Rūpinatės artimųjų žmonių gerove, net jeigu dėl to tenka atidėti savo asmeninius poreikius.
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| 1. *You value personal achievements more than good relations with the people close to you.*
 | 1. Labiau rūpinatės savo asmeniniais pasiekimais nei gerais santykiais su artimaisiais.
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| 1. *You would sacrifice your personal interests for the benefit of your family.*
 | 1. Paaukotumėte savo asmeninius interesus dėl savo šeimos gerovės.
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| **Consistency versus variability**  | **Consistency versus variability**  |
| 1. *You behave differently when you are with different people.*
 | 1. Elgiatės skirtingai būdamas/a su skirtingais žmonėmis.
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| 1. *You see yourself differently when you are with different people.*
 | 1. Suvokiate save skirtingai būdami su skirtingais žmonėmis.
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| 1. *You see yourself the same way even in different social environments.*
 | 1. Suvokiate save vienodai, net kai esate skirtingose socialinėse aplinkose.
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| 1. *You behave in the same way even when you are with different people.*
 | 1. Elgiatės tuo pačiu būdu, net kai esate su skirtingais žmonėmis.
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Reference for Self Construal:

Vignoles, V. L., Owe, E., Becker, M., Smith, P. B., Easterbrook, M. J., Brown, R., ... & Lay, S. (2016). Beyond the ‘east–west’dichotomy: Global variation in cultural models of selfhood*. Journal of Experimental Psychology: General, 145*, 966.

The International Situations Project is supported by the National Science Foundation under Grant No. BCS-1528131. Any opinions, findings, and conclusions or recommendations expressed in this material are those of the individual researchers and do not necessarily reflect the views of the National Science Foundation.

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