International Situations Project Translation

**Subjective Happiness Scale**

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| Original English | Translation (Korean) |
| 1. For each of the following questions, please indicate the point on the 7-point scale that best describes you: | 1. 다음의 각 질문에서 당신을 가장 잘 설명하는 7점 척도 상 지점을 표시해주십시오: |  |
| 1. In general, I consider myself | 1. 전반적으로, 내가 생각하는 나는: |  |
| 1. Not a very happy person | 1. 그다지 행복한 사람은 아니다 |  |
| 1. A very happy person | 1. 매우 행복한 사람이다 |  |
| 1. Compared to most of the people around me, I consider myself | 1. 내 주변 사람들 대부분과 비교해볼 때, 나는: |  |
| 1. Less happy | 1. 덜 행복하다 |  |
| 1. More happy | 1. 더 행복하다 |  |
| 1. Some people are generally very happy. They enjoy life regardless of what is going on, getting the most out of everything.   To what extent does this characterization describe you? | 1. 어떤 사람들은 평소 매우 행복합니다. 이들은 무슨 일이 있더라도 인생을 즐기고, 모든 것을 최대한으로 활용합니다.  이 성격묘사가 당신을 얼마나 잘 설명합니까? |  |
| 1. Not at all | 1. 전혀 |  |
| 1. A great deal | 1. 매우 많이 |  |
| 1. Some people are generally not very happy. Although they are not depressed, they never seem as happy as they might be.   To what extent does this characterization describe you? | 1. 어떤 사람들은 평소 그다지 행복하지 않습니다. 우울한 것은 아니지만, 행복할 수 있는 만큼 행복한 것처럼 보이지는 않습니다.  이 성격묘사가 당신을 얼마나 잘 설명합니까? |  |
| 1. Not at all | 1. 전혀 |  |
| 1. A great deal | 1. 매우 많이 |  |

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Reference for the Subjective Happiness Scale:

Lyubomirsky, S., & Lepper, H. S. (1999). A measure of subjective happiness: Preliminary reliability and construct validation. *Social Indicators Research*, *46*, 137-155.

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