International Situations Project Translation

**Subjective Happiness Scale**

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| Original English | Translation (Slovenian) |
| 1. For each of the following questions, please indicate the point on the 7-point scale that best describes you: | 1. Pri vsakem od naslednjih vprašanj prosimo, da na 7-stopenjski lestvici označite stopnjo, ki vas najbolje opisuje |  |
| 1. In general, I consider myself | 1. V splošnem se imam za |  |
| 1. Not a very happy person | 1. Ne zelo srečna oseba |  |
| 1. A very happy person | 1. Zelo srečna oseba |  |
| 1. Compared to most of the people around me, I consider myself | 1. V primerjavi z večino ljudi okrog mene se imam za |  |
| 1. Less happy | 1. Manj srečnega |  |
| 1. More happy | 1. Bolj srečnega |  |
| 1. Some people are generally very happy. They enjoy life regardless of what is going on, getting the most out of everything.   To what extent does this characterization describe you? | 1. Nekateri ljudje so na splošno zelo srečni. Uživajo življenje ne glede na to, kaj se dogaja, iz vsega pridobijo kar največ. V kakšni meri ta označitev opisuje vas? |  |
| 1. Not at all | 1. Prav nič |  |
| 1. A great deal | 1. Veliko |  |
| 1. Some people are generally not very happy. Although they are not depressed, they never seem as happy as they might be.   To what extent does this characterization describe you? | 1. Nekateri ljudje na splošno niso zelo srečni. Čeprav niso depresivni, nikoli niso videti tako srečni, kot bi lahko bili. V kakšni meri ta označitev opisuje vas? |  |
| 1. Not at all | 1. Sploh ne |  |
| 1. A great deal | 1. Precej |  |

Trasnslation provided by:

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Reference for the Subjective Happiness Scale:

Lyubomirsky, S., & Lepper, H. S. (1999). A measure of subjective happiness: Preliminary reliability and construct validation. *Social Indicators Research*, *46*, 137-155.

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