International Situations Project Translation

**Volitional Personality Change items**

Items developed by Erica Baranski

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| Original English | Translation (Polish) | |
| 1. Is there an aspect of your personality that you’re currently trying to change? | | 1. Czy jest coś w Twojej osobowości, co obecnie próbujesz zmienić? |
| 1. *Yes* | | 1. Tak |
| 1. *No* | | 1. Nie |
| 1. How successful have you been in changing this aspect of your personality? | | 1. Co próbujesz zmienić? |
| 1. *Not at all successful* | | 1. Czy jesteś w tym skuteczny? |
| 1. *A little successful* | | 1. Zupełnie nieskuteczny |
| 1. *Moderately successful* | | 1. Trochę skuteczny |
| 1. *Very successful* | | 1. Umiarkowanie skuteczny |
| 1. *Completely successful* | | 1. Bardzo skuteczny |

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