International Situations Project Translation

**Volitional Personality Change items**

Items developed by Erica Baranski

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| Original English | Translation (Polish) |
| 1. Is there an aspect of your personality that you’re currently trying to change?
 | 1. Czy jest coś w Twojej osobowości, co obecnie próbujesz zmienić?
 |
| 1. *Yes*
 | 1. Tak
 |
| 1. *No*
 | 1. Nie
 |
| 1. How successful have you been in changing this aspect of your personality?
 | 1. Co próbujesz zmienić?
 |
| 1. *Not at all successful*
 | 1. Czy jesteś w tym skuteczny?
 |
| 1. *A little successful*
 | 1. Zupełnie nieskuteczny
 |
| 1. *Moderately successful*
 | 1. Trochę skuteczny
 |
| 1. *Very successful*
 | 1. Umiarkowanie skuteczny
 |
| 1. *Completely successful*
 | 1. Bardzo skuteczny
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